

SERIES: HOW TO GET WHAT YOU REALLY WANT

Episode 3: "Last Things First"

If you could choose, how would you want people to describe you? Your answer just might help you uncover what you really value.

QUESTIONS

- Imagine you're eavesdropping on your funeral service. The people you love and respect stand to speak. What do you hope they say about you?
- In The Seven Habits of Highly
 Effective People, Stephen Covey writes that your response to the funeral exercise can help you define success. Based on your answers to the first question, choose three words that describe the person you ultimately hope to be.
- Do any of your three words conflict with the personal or professional goals you're currently pursuing? If so, what adjustments might you need to make?

NOTES

BOTTOM LINE

When you discover what you really value, you'll be less prone to settle for what you merely want.

Learn something new? Have any epiphanies? Tweet your story and tag us @YourMove.